



Mailing Address: P.O. Box 71 Clinton, South Carolina 29325

Physical Address: 4000 Hurricane Church Road Clinton, South Carolina 29325

Dear partners,

The Palmetto Equestrian Therapeutic Riding Program is a nonprofit organization that provides educational, therapeutic, and recreational opportunities with the interaction of horses for children and adults with special needs to develop or increase cognitive, physical, social, and/or emotional skills. To increase academic skills, therapeutic riding motivates students to learn and may improve memory and attention span. Thus, educational goals are incorporated into riding activities. Physically, the horse's movement can stimulate riders' bodies in a manner that closely resembles the gait of a human. This motion increases riders' muscle tone, relaxes tight muscles, increases muscle flexibility and joint mobility, and improves posture, balance, and coordination. The horse's movement, also, provides vestibular stimulation to the rider, which can help mitigate sensory integration issues. Holding the reins and manipulating various objects with the hands can improve fine motor control, hand/eye coordination, and spatial awareness. Socially, therapeutic riding allows riders the opportunity to form relationships with horses, volunteers, and other riders that help to develop/improve confidence, patience, and self-esteem. Activities enable riders to learn effective and appropriate communication, as well as, develop teamwork through interactions with their peers. Emotionally, therapeutic riding provides a non-competitive setting for learning new skills, responsibility, and self-discipline; as well as, overcoming fear and anxiety: all which increase a rider's self-esteem and independence.

The PET Riding Program depends on donations to provide funds for program needs and sponsorships for participants. Will you consider joining us in our efforts to provide this therapy service and give a recreational opportunity that directly meets the needs of these children and adults with special needs? If you have any questions or would like to schedule a time to visit the barn to observe a therapy lesson, please call (864) 923-4998.

With warm regards,

Leigh Anne Scogin Waters

Program Coordinator



### Sponsorship Opportunities

If you are interested in supporting the Palmetto Equestrian Therapeutic Riding Program in any of the following means, simply fill out a personal or company check for the amount you wish to donate and send to:

Palmetto Equestrian Therapeutic Riding Program  
P.O. Box 71  
Clinton, SC 29325

We thank you for your generosity and prayers as we strive to make a difference!

Rider Sponsorship:            Rider name \_\_\_\_\_  
  \$30 for one lesson            \_\_\_\_\_  
  \$180 for 1- six week session \_\_\_\_\_

- All donations are tax-deductible. Please list your name and address below so that we can send you a statement reflecting your donation.

\_\_\_\_\_

\*If you may have questions regarding the program or your contribution, please feel free to contact Program Coordinator/Instructor Leigh Anne S. Waters at (864) 923-4998.